



2421 Chicago Avenue South
Minneapolis, MN 55404

www.walkin.org
Fax: 612-870-4169

Phone: 612-870-0565

WALK-IN COUNSELING CENTER: THE BASICS DURING THE CORONAVIRUS PANDEMIC

CLINIC LOCATIONS AND HOURS:

All clinics will now be online or by phone via Zoom.

To access Zoom by computer:

**To access Zoom by phone call: 312-626-6799. If that number is busy, call 929-205-6099
When prompted, enter the Meeting ID: 458-270-804**

**To join by computer go to: zoom.us/j/458270804
During our clinic hours, press “Join a Meeting”**

Please read this [Information for Clients](#) before calling in to a clinic.

The clinics are OPEN at the following times:

Monday: 1-3 PM 5-8:30 PM

Tuesday: 6-8:30 PM

Wednesday: 1-3 PM 5-8:30 PM

Thursday: 6:30-8:30 PM

Friday: 1-3 PM

Please call in only during clinic hours. You will be placed on hold immediately. The clinic host will connect you with a counselor ASAP. Please be patient.

If you have an upcoming appointment with a counselor, leave a message for your counselor (their voice mail number is on the appointment card you received) at (612) 870-0565 to find out how to your appointment will be conducted.

SERVICES

Free. We do not take insurance and have no sliding fee structure.

Anonymous if client chooses.

No appointment needed. If you come during clinic hours, you will be seen. It is first come first served.

Appointments are available after the first walk-in visit.

We serve individuals, couples and families.

Young people ages 15 to 18 can be seen without parental consent.

Services are available by appointment for Spanish speakers: call 612-870-0565 x 2 to leave a voice message requesting an appointment; Spanish speakers are available at some walk-in clinics.

PHILOSOPHY

We try to reduce barriers to accessing therapy.

We help people solve personal problems based on the information they are willing to share.

We hope to be involved before a problem becomes a crisis.

We believe that, when a person gets better, it positively impacts everyone in their network of family and friends.

THANKS TO OUR VOLUNTEERS

Services are provided by master and doctoral clinicians in social work, psychology and marriage and family therapy (and advanced graduate students in those fields), who volunteer their time and skills. Lay volunteers support the clinic teams and Walk-In's administrative services.