

Rock  
Pipestone  
CTIC

Community Transition  
Interagency

# Table of Contents

Career Force: American Job Center	1
Community Transit	2
Disability Hub	4
National Alliance on Mental Illness: Minnesota	7
Ridgewater College	8
Project Search	9
Rock County Opportunities	11
Social Security Administration	12
Southwest Minnesota Private Industry Council	14
Southwestern Center for Independent Living	15
Special Olympics	16
Teachwell Solutions	17
Vocational Rehabilitation Services	18

# YOUTH & YOUNG ADULT TEAM

## WHAT WE DO

### PERSONALIZED SERVICES

**SKILLS & INTEREST ASSESSMENTS** are done to customize the student's individual plan. **COMPREHENSIVE GUIDANCE AND COUNSELING** is specific to each participant and includes career and academic counseling. A **WORK EXPERIENCE** is offered and includes summer and year-round employment, pre-apprenticeship, on-the-job training, internships and job shadowing. A student can benefit from **OCCUPATIONAL SKILLS** training that hones in on specific vocational skills that will lead them to proficiency in performing actual tasks and technical functions required of certain occupational fields. A student will develop **LEADERSHIP SKILLS** and given opportunities that encourage responsibilities, confidence, employability, self-determination and other positive social behaviors. **SUPPORT SERVICES** for youth are those that are designed to enable them to participate in activities and may include: linkage to community services; referrals to health care; and cost assistance with: transportation, childcare, housing, uniforms, work attire, work-related tools, protective gear, educational testing, and reasonable accommodations for youth with disabilities.

### CAREER ADVISORY & PLANNING SERVICES

- Career Awareness
- Work-Based Learning Experience
  - Career Exploration
  - Career Preparation
  - Career Placement
- Discuss & Receive information on non- traditional employment options Identify Interests & Career pathway
- Self-Advocacy Discussions & Instruction Wraparound & Support Services based on individual need
- High School Transition Planning
- Career Fairs
- Job Shadows
- Employer Panels
- Business Tours and Speakers
- Mock Interview
- Employability Skills
- Internships
- Apprenticeships
- Career Assessments & Interpretation

**Are you interested in our services?  
Get in touch with one of us today!**

### DISABILITY EMPLOYMENT INITIATIVES

Through grants awarded by the Minnesota Department of Employment and Economic Development and the U.S. Department of Labor, the Southwest Minnesota Private Industry Council (PIC) offers a variety of services and supports to adults and youth with disabilities seeking gainful employment. For youth with disabilities, ages 14-24, services include: Individualized needs assessment; Career exploration activities and career planning; Work-based learning experiences with local employers; Job preparedness training; Post-secondary planning and career education; Instruction in self-advocacy; Systems linkages and service coordination through Integrative Resource Teams.

#### TICKET TO WORK

With Work Incentives Practitioners on staff, PIC can assist individuals of all ages receiving Social Security Disability Insurance (SSDI) and/or Supplemental Security Income (SSI) benefits understand how returning to work will affect their Social Security Benefits. Everyone age 18 through 64 who receives SSDI and/or SSI benefits because of his or her disability is eligible to participate in the Ticket to Work program. Individuals with a Ticket can now assign their ticket with the PIC.

Supports available include career counseling, social security work incentives advisement, job search supports, connection to employers, money management resources and long term support on the job.

Additionally, the PIC can assist individuals receiving public assistance with applying for SSI and SSDI benefits. PIC partners with Department of Human Services (DHS) to offer employment services to public assistance recipients and can assist them in completing their Social Security Application if a return to work is not feasible.

Individuals interested in learning more about the many services and supports offered to individuals with disabilities can contact Leah Hastad at 507-706-0199 or [lhastad@swmnpic.org](mailto:lhastad@swmnpic.org).

## Service Expectations

- Drivers and Dispatchers will be courteous and respectful. Community Transit employees and volunteers are required to follow standard Minnesota Data Privacy Act and HIPPA guidelines.
- Drivers will provide assistance as needed to get passengers safely in and out of the vehicle.
- Vehicle will be clean and provide a safe environment.
- The vehicle will arrive no more than 10 minutes after a passenger's scheduled pick-up time unless factors outside Community Transit's control (weather, accidents, etc.) prevent on time pick-up.
- All bus drivers are CDL certified and will adhere to Minnesota state driving rules and regulations.
- Bus drivers are trained in securing wheelchairs and operating the lift.
- Community Transit will provide non-discriminatory service. We will inform customers about how to request more information and file a discrimination complaint.
- Community Transit will maintain policies and procedures to help guarantee all of our passengers the safest, most efficient ride possible. Policies are available upon request.

## Passenger Expectations

- Book your rides at least 24 hours in advance whenever possible. Requests will be scheduled on a first-call basis.
- If you are unable to make your scheduled pick-up time, you must call to cancel your ride. We collect for no-shows and riders canceling at the door.
- Please be ready to board prior to your scheduled pick up time. You must board when your ride arrives. Maximum wait time: for buses is 3 minutes; for volunteers is 10 minutes. If no one has arrived 10 minutes after your scheduled pick-up time, please call your dispatch office.
- If you need help carrying packages; assistance from your home or destination; or support during transport, please arrange for this on your own. An escort may ride free of charge.
- Have exact fare amount ready. Drivers do not carry cash.

## Book a ride!

**Call us Monday - Friday**

**8:00 am - 4:30 pm**

**Jackson Office: 507-847-2632**

*Serving Cottonwood, Jackson & Murray Counties*

**Marshall Dispatch Office: 507-537-7628**

*Serving Lyon, Lincoln & Redwood Counties*

**Luverne Dispatch Office: 507-283-5058**

*Serving Rock County*

**Pipestone Dispatch Office: 507-825-1180**

*Serving Pipestone County*

**Minnesota Relay: 1-800-627-3529**

1. Call a dispatcher between 8:00 a.m. and 4:30 p.m. Monday through Friday.
2. First time riders are asked to provide name, home address, phone number and date of birth.
3. When booking rides you will need to provide all necessary trip information, including your name, pick-up address, number of riders, current phone number, and the address of your destination.
4. Know what time you need to be at each destination, and allow appropriate travel time. On buses, schedule your pick-up a minimum of 30 minutes before your appointment.
5. Know how long you will be at your destination if a return ride is needed.
6. Provide any other information regarding assistance that may be needed. Requests for reasonable accommodation must be made at the time of booking.
7. Provide dispatchers with trip funding information, i.e. how it will be paid for, if you are not the payee. Rides cannot be billed unless prior authorized during dispatch hours.
8. Riders who do not schedule their own trips are encouraged to call dispatch at least one day before transportation to verify that their contact information is current.



**Find United Community Action Partnership on Facebook!**



*UCAP is an equal opportunity provider.  
An EOE/AA/ADA Employer*



# RIDERS' GUIDE

A Service of United Community Action Partnership

[www.communitytransitswmn.org](http://www.communitytransitswmn.org)

## What is Community Transit?

United Community Action Partnership's Community Transit program is a shared ride, public transit program. This means all trips are coordinated with as many passengers as possible depending on their pick-up and drop-off locations.

A combination of buses and volunteer drivers is used to efficiently meet the travel needs of passengers who sign up for the service in advance.

When you pre-book your ride, a dispatcher will attempt to fit the desired pick-up time into an existing schedule. The dispatcher will suggest an alternate pick-up time if your request cannot be met.



Funded by the State of Minnesota.

## Rules for Riding

- **Give all trip details to the dispatcher when scheduling** (traveling with a service animal, escort, assistance needed etc.). Requests for reasonable accommodation must be made at the time of booking. Drivers cannot make any adjustments to trip details without dispatch clearance.
- **Be ready at the door** when your ride arrives, and **present fare when entering the vehicle.**
- Wear appropriate attire including shirts and shoes. Roller blades, skateboards, etc. must be carried on & off the vehicle.
- Always wear seatbelts. Keep yourself and children with you seated and buckled until the vehicle is completely stopped. Volunteer drivers CANNOT provide transportation to children without the legally required car seat.
- **No smoking in or around the vehicle.** Breaks may be arranged for long trips.
- **Do not consume alcohol. Keep all food and drinks closed while riding.**
- **You may not board with flammable liquids, automobile batteries or marine batteries. Firearms must be unloaded and encased at all times.**
- **Be responsible for your personal items at all times.** Packages may not block aisles or seats. Those traveling with personal belongings may be asked to make other arrangements to get the items to their destination.
- **Keep animals kenneled unless they are performing a service.** They must be under control at all times.
- **Never intentionally interfere with the operation of the vehicle.**
- **Be courteous and respectful of vehicles, drivers and other passengers.** Using language that can be interpreted as offensive, inappropriate or threatening to the driver and/or passengers is prohibited. **You can be suspended for** disruptive behavior, soiling and damaging the vehicle according to MN Statute 609.885; for repeated last minute cancellations or no-shows; or for not following the rules.

## Holidays

Community Transit does not operate on the following holidays: **New Year's Day, Easter Sunday, Memorial Day, Independence Day, Labor Day, Thanksgiving Day, Christmas Day.** Reduced hours of service may precede or follow holidays. Ask your dispatch office if you have questions about the holiday schedule.

## Weather

For weather-related announcements, listen to your local radio station or find United Community Action Partnership on Facebook. After winter storms, travel may be limited to main roads only.

## Bus Rates

**Route** (available in Marshall & Redwood Falls)  
**\$1 per person, per trip**

### Dial-a-Ride

**\$2.00-\$5.00 per person, per trip**

- Children age 2 and under ride free when accompanied by an adult.
- Children 3-12 pay \$1.00 when accompanied by an adult
- \$25 Ride coupons available from drivers
- Monthly unlimited ride coupons - \$70 for in-town travel, \$80 for county-wide travel
- \$20-\$30 round-trip group rate for 6 or more passengers.

## Volunteer Driver Rates

- Single Rider .60 per driver mile cash fare or pre-paid (\$4.00 minimum)
- Coordinated .35 per driver mile cash fare or pre-paid (\$2.50 minimum)
- Coordinated rates apply when two or more scheduled passengers travel in the same vehicle.
- Out-of-town weekend trips must be pre-paid by noon on Friday.

- Checks can be made payable to UCAP
- Contact us for billing rates.
- Rates are subject to change.

# More money. More freedom. More options.



**“Now that I am doing work I love, my life has changed so much. I feel so much better and do more things on my own.”**

**Community work offers you options, so you can find a job that’s a good fit for you.** Using your skills and talents in a job you care about can give you a sense of purpose and pride.

When you work in the community, you also have more chances to:

- meet new people
- develop new skills
- gain more freedom
- earn more money

Plus, employers need you! In Minnesota, there aren’t enough people to fill open jobs.

## Frequent questions

### Can I work?

Yes! Your county or tribal case manager can help you explore work options, set goals and take next steps.

Whether you know you want to work in the community or you’re unsure, your case manager can help you figure it out.

### What’s the best job for me?

Everyone has different strengths that are needed in the workplace.

**Here are some ways to find a job that’s a good fit for you:**

- Explore what type of work matches your strengths and interests.
- Use job coaches, assistive technology or other tools that can help you succeed at jobs you may not have thought possible before.
- Get training to help you build new skills.

### If I earn more money, what happens to my benefits?

All public benefits support work. They do this by having special rules called “work incentives.” Work incentives let you get the benefit while you’re working, keep the benefit longer while working, or get the benefit back quickly if they stop because of work.

You can get help from Disability Hub MN to make sure you’re better off when you work — even if your benefits change.

### Do I have to work in the community?

No, you don’t have to work. It’s your choice. If you have concerns or you’re unsure about working, talk to your county or tribal case manager. He or she can help you understand your options.

*Go to page 2 for next steps and how to get help >*

## Next steps

Finding a job isn't always easy — but you're not in it alone. Here are some steps to help you get started.

- **Identify your strengths and interests.**

Ask yourself and the people you know: What are you good at? What do you like to do? What makes you happy? What makes you stressed? The answers to these questions can help you and those who support you find the right job for you.

- **Advocate for yourself.**

It's your life. You decide how you want to live it. Share your interests and ideas with those who help you. If needed, your family, county or tribal case manager or service provider can help you find work that matches your strengths and interests.

- **Explore work options.**

Check out jobs that interest you. Talk to others who are doing the work. Ask if you can watch them do their work. As you discuss your interests with more people, you'll learn about various careers. You may even find out about opportunities for internships, job shadowing or mentoring.

- **Network.**

Tell the people you know that you're looking for a job and ask for their help. They might have job ideas for you. Get involved in community activities and events that interest you. You'll meet people who have similar interests and maybe job leads.

## Help

You can get help to explore work as an option and find a job that matches your skills and interests. Once you get a job, there are also supports to help you succeed.

- **Case manager.**

Start by talking to your county or tribal case manager. He or she can identify services and supports to help you reach your work goals.

- **Disability Hub MN.**

Online or by phone, Hub staff can answer your questions about work and connect you with resources to help you find or keep a job. They can also help you understand how work and benefits go together.

Visit [www.disabilityhubmn.org](http://www.disabilityhubmn.org)  
or call 1-866-333-2466.

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## Your best life, your way.

**Disability Hub MN** is a free statewide resource network that helps you solve problems, navigate the system and plan for your future. Our team knows the ins and outs of community resources and government programs, and has years of experience helping people fit them together.

## My home. Creating the best home for me.

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**My best life, my way.** I have options. Where I live is about more than my address. Whether I choose to live in a shared setting or in my own place, my home should reflect my wants and needs. It should be the place where I'm most comfortable.

If I am not already in my ideal place, I may need to learn more about my rights, options and choices. I may need to make a housing plan, and share my plan and goals with those who support me.

### My rights and options.

- **I can assert my rights in my shared home — such as a group home or foster care.** It is my right to have privacy, dignity and respect in my shared home. I can lock my door, set my own schedule and have visitors when I want.
- **I can have a home of my own.** If I've always wanted a home of my own, I can make that goal a reality. I can earn and save enough money to reach my housing goals. I can explore programs that might be able to help me find and pay for housing.
- **I can stay in my home.** If my situation is changing, I might be concerned about being able to stay in my home — but I might have more options than I realized. I can get services in my own home. I can even access new technology or modify my home to make it work better for me.

**My tools.** I can use a variety of resources to create the best home for me, including:

- **My HB101 Plan.** Housing Benefits 101 — or HB101 — is a website I can use to explore housing options. It explains services and programs that can make housing more affordable. It has an online tool called My HB101 Plan, with quick and easy activities that can help me make choices about where I want to live. I can share my plan with people who support me so they can help me make my housing goals a reality. I can find My HB101 Plan at [www.hb101.org](http://www.hb101.org).
- **Waiver services.** If I'm on a waiver, there are services available to help me plan for, find and move to a home of my own. There are also services available to help me live and stay in my own home. I can talk to my case manager to find the services I need for me to reach my goals.
- **Disability Hub MN™.** To explore options and services over the phone, or get help using HB101, I can call Disability Hub MN at **1-866-333-2466**, or I can chat online at [disabilityhubmn.org](http://disabilityhubmn.org).

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## I create my best life, my way.

Disability Hub MN™ is here to help. We make it easier for you to seek solutions and build a plan. The service is free for all Minnesotans. There are no wrong questions.

**I control. I dream. I choose. I participate.**

**1-866-333-2466** [disabilityhubmn.org](http://disabilityhubmn.org)

# Hope for Recovery

## Minnesota's Mental Health Resource Guide

A

ADULTS



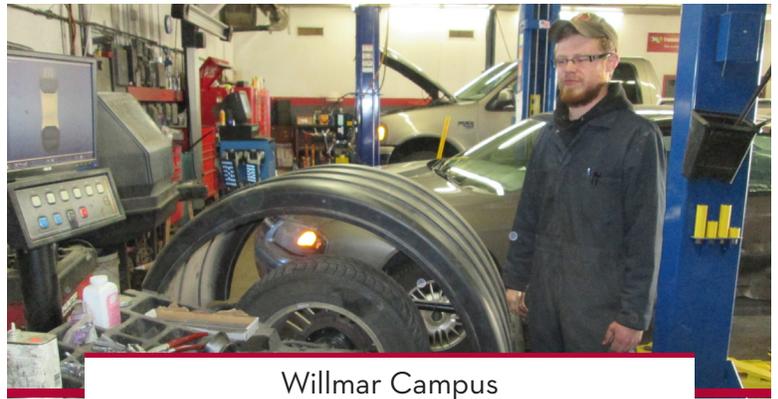
National Alliance on Mental Illness

**MINNESOTA**

Phone: 1-651-645-2948  
Toll Free: 1-888-NAMI-HELPS  
[www.namimn.org](http://www.namimn.org)

# Occupational Skills

[www.ridgewater.edu/occupationalskills](http://www.ridgewater.edu/occupationalskills)



Willmar Campus

## About the Program

The Occupational Skills program is a post-secondary vocational program for students with disabilities. It provides training so you can pursue entry-level, competitive employment. Occupational Skills combines community-based vocational training with personal management classes on campus.

In the Occupational Skills program, you will benefit from:

- Vocational training in a community-based training site
- Life skills courses
- Job seeking/job keeping courses
- Applied job search

Occupational Skills students have access to all student services at Ridgewater College such as financial aid, counseling, the Academic Support Center, and all social and recreational activities.

## Application Process

Individuals interested in applying for this program should contact Ben Larson at 320-222-8041 or [benjamin.larson@ridgewater.edu](mailto:benjamin.larson@ridgewater.edu) to schedule a recommended informational meeting. You will

## Program Distinctions

- One of only two programs in Minnesota
- Strong community partnerships and support for hands-on internships
- Caring, nurturing, educational atmosphere
- Group atmosphere and activities to help students learn from each other

also need to fill out an application, submit an application fee and provide documentation of student disability, along with a high school transcript.

## Career Info

Employers have identified an ongoing need for qualified people in entry level aide/assistant positions. They require individuals who are able to cope in a working environment and who are prepared to strive for job longevity.

Over the past several years, graduates have enjoyed an 83-100% job placement rate.

Examples of hands-on training jobs available include:

- Automotive detailing
- Warehouse specialist
- Shop assistant
- Support sales
- Carpenter's assistant
- Kitchen assistant
- Child care assistant
- Custodian

## Degrees and Certificates

Occupational Skills  
 Diploma - 32 credits  
 Certificate - 28 credits

## Schedule a Visit & Apply Today!

[www.ridgewater.edu/visit](http://www.ridgewater.edu/visit)  
[www.ridgewater.edu/applynow](http://www.ridgewater.edu/applynow)



**RIDGEWATER**  
 COLLEGE

A Member of Minnesota State

Ridgewater College is an affirmative action, equal opportunity employer and educator. This document is available in alternative formats to individuals with disabilities; consumers with hearing or speech disabilities may contact us via their preferred Telecommunications Relay Service.

# Building Skills That Last A Lifetime



Project SEARCH  
1420 East College Drive  
Marshall, MN 56258

# Project SEARCH Southwest Minnesota

Transition High School





## What is Project SEARCH?

Project SEARCH is an International program of over 300 host sites designed to assist youth with disabilities reach their goals of community employment. Avera Marshall Regional Medical Center has been a host partner with Project SEARCH for six years.

## Benefits for the Student

- Provides opportunities to explore a variety of employment options through three internships.

"Avera is excited to partner with Project Search, Advance Opportunities, SW/WC Service Co-op, Voc. Rehab, and area school districts to help provide opportunities that will in turn help young adults with disabilities gain experience and learn job development skills so they have the opportunity to have fulfilling careers."

Sonya Kayser – Business Liaison Avera

## Benefits for the Business

- Creates a workforce that mirrors the general population. Over ten percent of the public are people with disabilities.
- Provides an opportunity for businesses to influence education and agency policies to create a stronger business/education partnership.

## Benefits for the Community

- Creates a business culture of the workplace that includes people with disabilities.
- Brings agencies and schools together to engage in system change activities to better meet the needs of people with disabilities and utilize resources.
- Brings federal, state and local recognition for participating in a national award-winning program.

## Internships

The students are provided an opportunity to participate in a variety of three 10-week unpaid internship rotations at Avera that best meet their interests, experiences, and abilities. A skills trainer, program instructor, and department staff work with the students to help them develop the necessary interpersonal skills and job skills to gain competitive employment

## Project SEARCH Internships within Avera Marshall

- Dietary
- Laundry
- Housekeeping
- Maintenance
- Material Distribution
- Same Day Surgery
- Physical Therapy
- Program Services – Long Term Care
- Thrift Store
- Hospital: OB/Med/Surgery
- Primary Care
- Mail
- Medical Records

## Contact Information:

Project SEARCH  
(507) 476-5246  
Marykay.lacek@swsc.org

[www.swsc.org](http://www.swsc.org)



**Rock County Opportunities is a nonprofit organization that provides personalized help built around individual goals.**

### **Employment Exploration**

Services to help a person gain a better understanding of competitive, integrated employment opportunities in his/her community. Activities and experiences that strengthen a person's knowledge, interests and preferences so he/she can make informed decisions about competitive employment.

### **Employment Support**

Individualized services and supports that help people maintain paid employment in community settings. Employment support services occur in integrated community settings.

### **Employment Development**

Individualized services to help a person achieve competitive, integrated employment, become self-employed or establish a microenterprise business in his/her community.

### **Community Based Employment**

A program that places individuals at jobs, possibly with other workers, and a job coach at businesses in the area. Job coaches provide on the job training, assistance as needed and quality assurance.

### **Adult Day Services**

Individualized program of activities designed to meet the health and social needs of adults outside of the person's residence during the day. Adult day services include the delivery of supervision, care, assistance, training and activities directed toward achieving specific outcomes, as identified by the person. Adult day services provide the supports necessary to maintain or improve people's ability to care for themselves.

**Explore how you can get connected with Rock County Opportunities as a client, an employer, an arts partner, or even a financial supporter - there are options for everyone!**



**Rock County Opportunitites**  
**807 West Main Street, P.O. BOX 626,**  
**Luverne, MN. 56156**  
**507-283-4582**



# Your Ticket to Work: What You Need to Know to Keep it Working For You

Congratulations on your participation in the Ticket to Work program! We hope this publication is informative and helps you be successful in the program.

## Will you review my disability while I am in the program?

We won't conduct a medical review of your disability as long as you make progress in the Ticket to Work program. (However, if we started a disability review before you began participating, we'll finish the review.) If you have any questions about the Ticket to Work program, call the Ticket to Work Help Line toll free at **1-866-968-7842**, or TTY **1-866-833-2967**.

## How does Social Security determine my progress?

Your participation in the Ticket to Work program began when you signed an agreement with an Employment Network or State Vocational Rehabilitation agency. With their help, you developed an employment plan. While you're in the program, we'll review your progress in achieving the goals of your employment plan approximately every 12 months.

The following table explains how we determine whether you're making timely progress towards your goal.

For reviews 1-5 we do accept a combination of required education and earnings.

## What happens if I am not making progress?

If we determine that you're not making progress in the Ticket to Work program, we won't postpone future medical reviews. You can continue in the Ticket program even if we find that you're not making progress.

## What if I start making progress again?

Whenever you think you're making progress again, contact the Ticket to Work Help Line.

We'll make a decision about your progress. As long as you meet the disability rules, qualify to take part in the Ticket to Work program, and start making progress as expected, we won't begin a medical review.

Review period	Work requirement	Education Requirement	Technical, trade or vocational program
First review	3 months at or above the trial work period level*	High School diploma, GED or undergrad (2 or 4 year college) 13 credits/ grad or higher 10 credits	Completed 60 percent of full-time course load for 1 year
Second review	6 months at or above the trial work period level*	Undergrad (2 or 4 year college) 16 credits/grad or higher 12 credits	Completed 75 percent of full-time course load for 1 year
Third review	9 months at or above the substantial gainful activity level**	22 credits/grad or higher 16 credits or completion of 2 year college	Completed the program
Fourth review	9 months at or above the substantial gainful activity level**	Undergrad (4 year college) 22 credits/grad or higher 16 credits	
Fifth review	6 months of work and have earnings in each of those months that prevent payment of SSDI and Federal SSI benefits	Undergrad (4 year college) 22 credits/grad or higher 16 credits	
Sixth review	Work criteria are same as 5th review for this and subsequent reviews	Completion of the program (4 year college or higher)	

\*In 2020, we consider you to be working for the trial work period if your earnings are over \$910 per month.

\*\*In 2020 we consider earnings over \$1,260 (over \$2,110 if you are blind) to be substantial.

## What if I disagree with the decision?

Once we make our decision, we'll send you a letter explaining it. If you disagree with the decision, you have 30 days to ask Social Security to review it.

## Working and your benefits

### How do my earnings affect my benefits?

If you've completed your trial work period, are working, and have substantial earnings, we may stop your Social Security disability benefits. We can quickly start your benefits again if your income drops, or you stop work and are still disabled.

As your earnings increase, we reduce your Supplemental Security Income (SSI) payment amount until your earnings reach a high enough level that you're no longer eligible to receive a benefit payment. We count less than half of your earnings when figuring your SSI payment.

For an explanation of how earnings affect your benefits, read *Working While Disabled — How We Can Help* (Publication No. 05-10095). You can print it from our website, [www.socialsecurity.gov/pubs](http://www.socialsecurity.gov/pubs). Or, you can call our toll-free number, **1-800-772-1213** (TTY **1-800-325-0778**).

### What happens to my health benefits?

Your Medicare may continue for at least 8½ years after you start to work if you're still disabled. Your Medicaid may also continue, depending on the state where you live and your earnings amount.

### Where can I get more information?

With retirement, disability, and survivors benefits, Social Security helps secure today and tomorrow for millions of people throughout life's journey. For more information about the Ticket to Work program, call the Ticket to Work Help Line, toll-free at **1-866-968-7842**, or TTY **1-866-833-2967**. Or, you can visit our website, [www.socialsecurity.gov/work](http://www.socialsecurity.gov/work).

## Contacting Social Security

The most convenient way to contact us from anywhere, on any device, is to visit [www.socialsecurity.gov](http://www.socialsecurity.gov). There are several things you can do online: apply for benefits; get useful information; find publications; and get answers to frequently asked questions.

When you open a *my* Social Security account, you have more capabilities. You can re-view your *Social Security Statement*, verify your earnings, and print a benefit verification letter. You can also change your direct deposit information, request a replacement Med-icare card, request a replacement Social Security card (if you have no changes and your state participates), and get a replacement SSA-1099/1042S.

If you don't have access to the internet, we offer many automated services by telephone, 24 hours a day, 7 days a week. Call us toll-free at **1-800-772-1213** or at our TTY number, **1-800-325-0778**, if you're deaf or hard of hearing.

A member of our staff can answer your call from 7 a.m. to 7 p.m., Monday through Friday, if you need to speak to a person. We ask for your patience during busy periods since you may experience a high rate of busy signals and longer hold times to speak to us. We look forward to serving you.



Securing today  
and tomorrow

Social Security Administration  
Publication No. 05-10062  
January 2020 (Recycle prior editions)  
Your Ticket to Work: How to Keep it Working for You  
Produced and published at U.S. taxpayer expense



**SOUTHWEST MINNESOTA  
PRIVATE INDUSTRY COUNCIL**

**YOUTH & YOUNG ADULT TEAM**



Provides employment & training services to youth & young adults (14-24) in Big Stone, Chippewa, Lac qui Parle, Redwood, Yellow Medicine & Swift Counties  
**cervin@swmnpic.org**  
**320.269.5561**



Provides both individual and group career advisory services to local school districts and their students in 14 counties. Provides employment & training services in Lyon & Lincoln Counties.  
**kboelke@swmnpic.org**  
**507.828.8935**



Provides employment & training services to youth & young adults (14-24) in Murray, Rock, Cottonwood, Nobles, Pipestone & Jackson Counties.  
**hoakland@swmnpic.org**  
**507.829.1213**



Works with Minnesota's Youth-Focused Disability Employment Initiative to increase youth with disabilities served throughout the Minnesota's youth workforce system.  
**lhastad@swmnpic.org**  
**507.706.0199**



Offers guidance and oversight of youth and young adult programs in PIC's 14 county service area of SW MN implementing youth employment and training programs.  
**efaris@swmnpic.org**  
**507.829.8168**



Creates career pathways for youth to attain work readiness skills through work-based learning.  
**aklinkner@swmnpic.org**  
**507.591.6104**  
**Marshall Office**



Creates career pathways for youth to attain work readiness skills through work-based learning.  
**aadame@swmnpic.org**  
**507.295.5020**  
**Worthington Office**



Creates career pathways for youth to attain work readiness skills through work-based learning.  
**rjenniges@swmnpic.org**  
**507.829.1833**  
**Montevideo Office**



Equal Opportunity Employer and Program Provider - Upon request the information in this document can be made available in alternative formats for people with disabilities by contacting Leah Hastad at lhastad@swmnpic.org or 507-706-0199



The Southwestern Center for Independent Living (SWCIL) is a private, non-profit, consumer controlled, non-residential, community based organization whose direction is determined by and for people with disabilities. Emphasis is placed on improving the quality of life for all people with disabilities who live in southwestern Minnesota.

Services:

Independent living services are available to assist people with disabilities to achieve the goals each individual sets for themselves. These services can be provided in a one-to-one or group setting. Consumer control means consumers have a responsibility to make decisions about their own life, set their own goals and choose which services or assistance to use.

### **Independent Living Skills Training**

Designed to assist in developing or enhancing personal daily living skills to attain or maintain the desired level of independent functioning.

### **Advocacy**

Provided on an individual, community, and systems level. Consumers can request assistance in advocating for specific needs or services.

### **Youth Transition Services**

SWCIL staff are available to work with youth on a variety of topics. These sessions can be conducted on a one-to-one basis or if possible, a group setting may take place when a school requests a topic for several students.

Topics may include:

- Interpersonal/Social Skills
- Budgeting/Money Management
- Employment/Job Skills
- Preparation for Written Driver's Permit Test
- Organizational Skills
- Assistive Technology
- And many others



**MISSION:**

Special Olympics Minnesota offers children and adults with intellectual disabilities year-round sports training and competition. Through Special Olympics’ athletic, health and leadership programs, people with intellectual disabilities transform themselves, their communities and the world.

**HISTORY:**

Founded in 1973

**PARTICIPANTS (per the 2017 census):**

Registered Athletes and Unified Partners: 13,807  
 Coaches: 2,720  
 Competitions: 95

**SUPPORT:**

Recipient of government, corporate and individual funding

**INTERNATIONAL EVENTS:**

- 2019 Special Olympics World Games, Abu Dhabi, UAE
- 2015 Special Olympics World Games, Los Angeles, USA
- 2013 Special Olympics World Winter Games, PyeongChang, South Korea
- 2011 Special Olympics World Games, Athens, Greece

**15 OFFICIAL SPORTS:**

Aquatics (Swimming)	Alpine Skiing	Basketball	Bocce	Bowling
Equestrian	Flag Football	Golf	Gymnastics	Poly Hockey
Snowboarding	Softball	Tennis	Track & Field	Volleyball

**OTHER DEVELOPMENT PROGRAMS:**

Athlete Leadership, Healthy Athletes, Healthy Communities, SOfit, Fit5, Young Athletes, Special Olympics Unified Sports®, Special Olympics Unified Champions Schools® and Law Enforcement Torch Run (LETR).

**EXECUTIVE STAFF:**

**David Dorn**, President & CEO  
**Michael Kane**, Vice President of Program  
**Bill Fish**, Executive Vice President of Development & Partnerships

**SPECIAL OLYMPICS MINNESOTA**

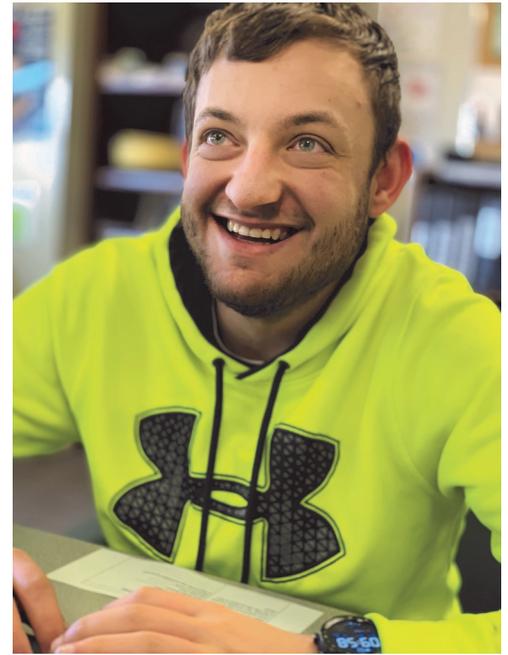
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# transition **SOLVED**



## PROGRAMS AVAILABLE

- **TEACHWELL TRANSITIONS**  
Living skills and job development training for 18-21 year olds who have met graduation requirements. Students are placed in jobs in the Sioux Falls community, where they receive coach supports to help them succeed.
- **PROJECT SEARCH**  
Internship job rotations in partnership with Avera McKennan Hospital and Vocational Rehabilitation Services. The ultimate goal of Project SEARCH is attainment of a full-time job with benefits.

## GAINING REAL EXPERIENCE FOR THE REAL WORLD

Understanding and applying workplace situations. Maintaining proper hygiene. Exerting confidence in social situations. These are all necessary skills for living independently and successfully in today's world. For students with developmental disabilities, achieving these life skills often requires an extra step beyond graduation. This is why

Teachwell Transitions and Teachwell Project SEARCH were created. Through these positive, supportive programs, qualified young adults ages 18-21 learn the skills they need to live and work independently. Students develop the confidence and maturity to navigate their own lives, and parents gain the peace of mind in knowing they can.

VRS provides services on individualized employment and training help both while you are in high school and after high school too. There is a counselor assigned to every high school in the state. Please contact your local counselor about eligibility and individual services available to students at 507-295-5025 or visit our website.

<https://mn.gov/deed/job-seekers/disabilities/youth/>

Vocational Rehabilitation Services (VRS) works with high schools to ensure that all students have access to the following Pre-Employment Transition Services.

### **Job Exploration Counseling**

- Job exploration counseling is intended to foster motivation, consideration of opportunities and informed decision-making.

### **Work Based Learning**

- Work-based that uses the workplace or real work to provide students with the knowledge and skills that will help them connect school experiences to real-life work activities and future career opportunities.

### **Counseling on Postsecondary Education Options**

- Advising students and parents or representatives on academic curricula;
- Providing information about college application and admissions processes;
- Completing the Free Application for Federal Student Aid (FAFSA); and
- Providing resources that may be used to support individual student success in education and training (i.e., disability support services).

### **Workplace Readiness Training**

- Workplace readiness traits describe a number of commonly expected skills that employers seek from most employees.
- Work readiness skills are a set of skills and behaviors that are necessary for most jobs. Including soft skills, employability skills, or job readiness skills.
- To develop social skills and independent living skills necessary to prepare for eventual employment.

### **Instruction in Self-Advocacy**

- Self-advocacy refers to an individual's ability to effectively communicate, convey, negotiate or assert his/her own interests and/or desires and to learn about self-determination. Self-determination means that individuals with disabilities have the freedom to plan their own lives, pursue the things that are important to them and to experience the same life opportunities as other people in their communities. It means taking the responsibility for communicating one's needs and desires in a straightforward manner to others.